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## Claims:

- 1. A method of dispensing a liquid suspension from a reservoir of a liquid suspension held in a delivery system, wherein the reservoir of liquid suspension is of the type which is normally isolated from atmosphere, comprising the steps of:
  - a) increasing the volume of the reservoir above an initial volume so as to reduce the pressure in the reservoir to below atmospheric;
    - b) agitating the liquid suspension;
    - c) reducing the volume of the reservoir to the initial volume; and
    - d) subsequently dispensing at least a portion of the liquid suspension from the reservoir.
- 2. The method of claim 1 wherein at least a partial vacuum is created in the reservoir during step a).
- 3. The method of claim 2 wherein the delivery system comprises a piston member engageable in the reservoir and the at least partial vacuum is created by partially withdrawing the piston member from the reservoir.
- 4. The method of any of claims 1 to 3 wherein the liquid is dispensed by pressurising the reservoir to a level above atmospheric in step d).
- 5. A delivery system for dispensing a liquid suspension comprising a reservoir of the liquid suspension of the type which is normally isolated from atmosphere, means for creating at least a partial vacuum in the reservoir of liquid

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suspension and means for dispensing at least a portion of the liquid from the reservoir subsequent to agitation of the liquid suspension.

- 5 6. The delivery system of claim 5 wherein the means for creating at least a partial vacuum in the reservoir of liquid suspension comprises means for increasing the volume of the reservoir while maintaining the reservoir isolated from atmosphere.
  - 7. The delivery system of claim 6 further comprising a piston member engageable in the reservoir.
- 15 8. The delivery system of claim 7 further comprising means for at least partially withdrawing the piston member from the reservoir so as to increase the volume of the reservoir.
- 9. The delivery system of claim 8 wherein the means for withdrawing the piston member comprises a rotatable member rotation of which urges the piston member to withdraw from the reservoir.
- 25 10. The delivery system of any of claims 5 to 9 wherein the reservoir contains a single dose of the liquid suspension.
- 11. The delivery system of claim 10 wherein the reservoir is integrally formed with the delivery system.
- 12. The delivery system of any of claims 5 to 9
  wherein the reservoir contains multiple doses of
  the liquid suspension.
  - 13. The delivery system of claim 12 wherein the

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reservoir is integrally formed with the delivery system.

14. The delivery system of claim 12 wherein the reservoir is a replaceable component of the delivery system.

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- 15. The delivery system of claim 14 wherein the reservoir is a vial, ampule or similar cartridge.
- 16. The delivery system of any of claims 5 to 15 wherein the delivery system is adapted for nasal use.
- 15 17. The delivery system of any of claims 5 to 15 wherein the delivery system is adapted for oral use.
- 18. Use of the delivery system of any of claims 5 to 20 17.
  - 19. A delivery system substantially as hereinbefore described with reference to or as shown in the accompanying drawings.